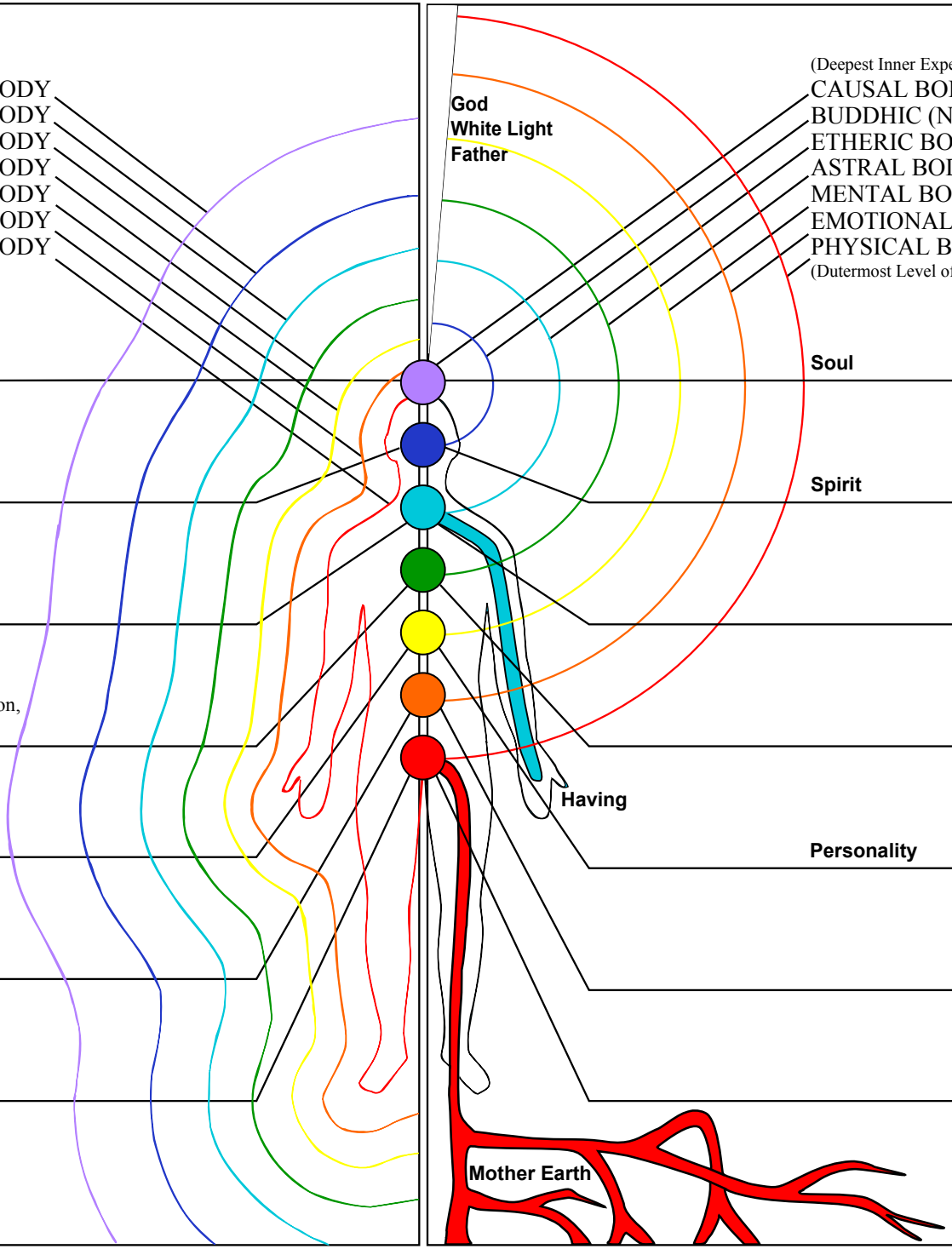
THE CHAKRAS

STRUCTURE

Yang
Male
Will
Acting

CAUSAL BODY
BUDDHIC (NIRVANIC) BODY
ETHERIC BODY
ASTRAL BODY
MENTAL BODY
EMOTIONAL BODY
PHYSICAL BODY

Vibrations	Nerves	System
Musical Notes	Glands	**Elements**
Violet	**Brain**	Nervous System
B Si	Pineal	**Inner Light**
Indigo	**Carotid Plexus**	Growth, Endocrine System
A La	Pituitary	**Inner Sound**
Blue	**Cervical Plexus**	Metabolism
G Sol	Thyroïd	**Ether**
Green	**Cardiac Plexus**	Respiration, Circulation, Immune System
F FA	Thymus	**Air**
Yellow	**Solar Plexus**	Skin, Muscles, Digestive System
E Mi	Pancreas	**Fire**
Orange	**Lombar Plexus**	Assimilation and Reproduction
D Re	Gonads	**Water**
Red	**Sacral Plexus**	Skeleton, Lymph, Elimination System
C Do	Adrenals	**Earth**



EXPERIENCE

Yin
Female
Spirit
Feeling

(Deepest Inner Experience)
CAUSAL BODY
BUDDHIC (NIRVANIC) BODY
ETHERIC BODY
ASTRAL BODY
MENTAL BODY
EMOTIONAL BODY
PHYSICAL BODY
(Dutermost Level of Experience)

		Sense
		Area of Consciousness
	Soul	**Empathy**
		Unity Universal Consciousness Source of Direction and Intuition
	Spirit	**Extra Sensory Perception**
		Spiritual Awareness Individualized Consciousness
		Hearing
		Expressing, Receiving, Abundance Flowing Manifestation Listening to Intuition
		Touch
		Relating, Giving Perceptions of Love Acceptance
	Personality	**Vision**
		Freedom/Power Controle, Self-Definition Intellect
		Taste
		Sensations Feeling & Feelings Food, Sex, Appetite
		Smell
		Safety, Security Trust - Survival Money, Home, Job